



Abbreviated list of compounded medication ideas:

**This is not an all-inclusive list of compounded medications available. If there is a medication for a patient that is not commercially available, we have the resources and equipment to compound a wide variety of options to the prescriber's specifications. Please feel free to call with questions about options available. Remember, we are your local medication problem-solvers.*

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MOSS COMPOUNDING PHARMACY

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Antiemetics

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Promethazine Topical Gel (ID 1338)	promethazine 12.5mg/0.1mL	Children>2: 12.5mg Q4-6hours Adults: 25mg Q4-6 hours (same as PO or PR dosing)	*Dispensed as 10 doses (1mL) \$15/1mL \$25/2mL
Ondansetron Topical Gel (ID1632)	Ondansetron 4mg/0.1mL	Apply 0.1 – 0.2mL to wrist Q12 hours prn	*Dispensed as 10 doses (1mL)
Ondansetron Suppository (ID 2208)	Ondansetron 8mg	Insert 1 rectally Q12 hours prn	
Moss Morning Sickness Buster Capsules	doxylamine, pyridoxine 10mg/10mg (ID 3763) or 20mg/20mg (ID 3764)	Take 1 capsule by mouth each night at bedtime, may increase to BID if needed	Price: 10mg - \$43/#30; \$65/#60 20mg - \$54/#30; \$80/#60

Antimicrobials

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Metronidazole Oral Suspension	Metronidazole USP or benzoate (salt form used for acceptable flavor – if available)	Dosing varies depending upon patient	Various flavors & concentrations available 400mg benzoate = 250mg metronidazole
Vancomycin Oral Suspension	Vancomycin 25mg/mL or 50mg/mL	Dosing varies depending upon patient	

**Auto-immune Conditions - See [Fibromyalgia](#) for Low Dose
Naltrexone options**



DENTAL

Dental - Angular Cheilitis/Angular Chelosis

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Clotrimazole 2%/Ibuprofen 2%/ Tea Tree Oil 1% Topical Cream (ID 780)	Clotrimazole 2%/Ibuprofen 2%/Tea Tree Oil 1%	Apply to affected areas BID	Typical Qty: 15gm Tea Tree Oil can be increased up to 5%

Dental - Anesthetic

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Tetracaine Lollipops	Tetracaine 0.5%	Suck slowly for 1-2 minutes, then stop. May repeat Q2-4 hours as needed.	Typical Qty: #5 Sugar-free
Lidocaine/Prilocaine/Tetracaine Dental Gel	Lidocaine HCl 10%/Prilocaine HCl 10%/Tetracaine HCl 4%	Office Use Prep.	ID: 2584

Dental - Antibiotic

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Minocycline 2% Periodontal gel	Minocycline 2%	For office administration	Alternative to Arestin

Dental - Anti-septic

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Chlorhexedine 0.12% Rinse (ID 1875) (Alcohol Free)	Chlorhexedine Gluconate	Rinse mouth with 15mL BID for 30 seconds after brushing	Great option for patients



		teeth. No food/drink/rinsing for 30 minutes after use.	sensitive to Peridex
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Dental - Antivirals

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Acyclovir/Lidocaine Lip Balm (ID 4094)	Acyclovir 5% Lidocaine 1%	Apply topically 5 times daily PRN	Cold sores/Fever Blisters
Acyclovir 5% oral adhesive paste	Acyclovir 5%	Apply to AA up to 5 x/day	Herpes Simplex Alternative to Sitavig
Acyclovir 5%/ Lidocaine 2% Topical Cream (ID 1567)	Acyclovir 5%/ Lidocaine 2%	Apply to AA 5 x/day	Herpes Simplex Alternative to Acyclovir cream \$37/15gm \$60/30gm

*For Shingles pain relief gel, see GAL (or Gabapentin 5%/Lidocaine 2.5%) topical gel in Neuropathic/ Musculoskeletal pain section

Dental - Anxiety (Pre-Procedure)

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Hydroxyzine 25mg/5mL Suspension	Hydroxyzine Pamoate	Prior to procedure.	Flavored with Bubble Gum & Marshmallow

Dental - Aphthous Ulcer

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Dexamethasone Sodium Phosphate Dental paste (ID 430)	Dexamethasone Sodium Phosphate 0.05%	Apply to the affected area BID – TID until healed	



Dental - Dry Mouth

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Pilocarpine 2mg Troche	Pilocarpine HCl 2mg	BID – TID	ID 4131
Pilocarpine Oral Spray	Pilocarpine HCl 10mg/MI	BID - TID	ID 3097
Saline/Glycerin Oral Suspension (ID 778)	Normal Saline/ Glycerin	Use PRN	

Dental - Burning Mouth Syndrome

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Salicylic Acid 0.3% Mouthwash (ID 1463)	Salicylic Acid 0.3%	Swish & spit 1-2 tsp QD - BID	
Amitriptyline/Gabapentin/Lidocaine HCl Oral Rinse (ID 1371)	Amitriptyline 2%/ Gabapentin 6%/ Lidocaine HCl 0.5%	Swish & spit 1-2 tsp QD - BID	Mucolox® (mucoadhesive) base
Clonazepam 0.5mg Troche	Clonazepam	Dissolve 1 in mouth up to BID-TID PRN	Gelatin base
Clonazepam Suspension (ID 2996)	Clonazepam 0.1mg/mL	Swish/Spit 1 tsp up to BID-TID PRN	
Doxepin Mouthwash	Doxepin 0.5%	Swish & spit 1 tsp QD - BID	

Dental – Lip Irritation/Erythema

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Dexamethasone Lip Balm (ID 4054)	Dexamethasone 0.1%	Apply topically 2-3 times daily PRN	\$55/tube



Dental - Dry Sockets

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Benzocaine Dry Socket Gel	Benzocaine 16.7%	For Office Use	
Benzocaine/ Eugenol Dressing	Benzocaine 9.2%/ Eugenol 9.1%	For office use.	
Benzocaine 4% Compound Socket Liquid	Benzocaine Chlorobutanol Peruvian Balsam Eugenol	For office use.	
Peruvian Balsam		For Office Use.	Stock Item

Dental - Halitosis

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Green Tea Extract 5% Mouth Rinse (ID 2311)	Green Tea Extract 5% Xylitol, Eucalyptus Oil	Swish 2 teaspoonful by mouth for 1 minute BID, no food/drink for 30 minutes after	Qty: 8 or 16oz Lemon Flavor added as well

Dental - Hemostatic

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Tranexamic Acid 4.8% Oral Solution (ID 777)	Tranexamic Acid 4.8%	Beginning 1 day before procedure, swish and spit 1 tsp QID	Qty: 300mL

Dental - Laryngitis

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Menthol 0.3% Oral Solution (ID 2148)	Menthol 0.3%	Swallow ¼ to ½ tsp q2 hours prn, not to exceed 6 doses per day	Instant Voice Disp: 60mL Adults only



Dental - Mouth Ulcers (*Sample of common options, many others (over 85 formulas) available*)

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Mary's Magic Mouthwash (ID 824)	tetracycline 1.5 grams, hydrocortisone 60mg, nystatin susp 60mL, diphenhydramine qs 8oz	Swish and spit (or swallow) 2-3 tsp QID PRN	Qty: 8 oz Price= \$41
Miles Magic Mouthwash (ID 395)	Tetracycline 0.75 grams, hydrocortisone 30mg, nystatin susp 30mL, Diphenhydramine elix 60mL Cellulose Gel qs 8oz	Swish and spit (or swallow) 1-2 teaspoonful QID PRN	Qty: 8 oz (lower Benadryl concentration than Mary's) Price = \$37/8oz; \$50/16oz
Miles Magic Mouthwash with Lidocaine Visc (ID 1549)	Same as above + Lidocaine 2% visc 60mL	Swish and spit (or swallow) 1-2 teaspoonful QID PRN	price
Miles Magic Mouthwash with Tetracaine (ID 1096)	Same as above + Tetracaine 0.25%	Swish and spit (or swallow) 1-2 teaspoonful QID PRN	Price = \$44/8oz; \$63/16oz
Miles Xtra Magic Mouthwash (ID 388)	Misoprostol / Tetracycline 0.75gm/ Hydrocortisone 30mg/ Tetracaine 0.25%/ Nystatin susp 30mL/ Diphenhydramine elx 60mL Cellulose gel qs 8oz	Swish and swallow (or spit) 2-3 teaspoonful QID PRN	Qty: 8 or 16oz Price = \$47/8oz; \$65/16oz *Contraindicated in Pregnancy Radiation Burn
BML Magic Mouthwash (ID 669)	Lidocaine 2% visc Maalox Diphenhydramine Elix (equal parts- 1:1:1)	Swish and spit 2 teaspoonful QID PRN	Qty: 8oz Price = \$35/8oz; \$50/16oz Antibiotic Free Option
BMLN Magic Mouthwash (ID 702)	Lidocaine 2% visc Maalox Diphenhydramine Elix Nystatin Suspension (equal parts- 1:1:1:1)	Swish and spit 2 teaspoonful QID PRN	
Duke's Magic Mouthwash (ID 863)	Hydrocortisone 60mg, Nystatin susp 60mL, Diphenhydramine QS 8oz	Swish and swallow (or spit) 1-2 teaspoonful QID PRN	Qty: 8 oz Price = \$39/8oz; \$58/16oz *Caution – Drowsiness if swallowed

Viscous lidocaine 2%, antiviral agents can also be included in mouthwash combinations. *Mucolox® (mucoadhesive) base can be added to mouth wash formulas to greatly enhance mucoadhesive properties. This allows for lower volume (1 teaspoonful vs 1 tablespoonful) of mouthwash needed per dose. It also enhances effect of preparation because of longer tissue contact.



Dental - Neuropathic Pain

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Capsaicin/ Lidocaine/ Gabapentin Paste	Capsaicin 0.025%/ Lidocaine 5%/ Gabapentin 2%	Apply to affected area with neurostent or denture, leave on 5 min TID x 1 week, BID x 1 week, then QD PRN	Typically 15gm
Gabapentin/Lidocaine Oral Rinse (ID 1998)	Gabapentin 6%/ Lidocaine 0.5%	Swish and Spit 1-2 tsp BID – TID	Typically 4 oz

Dental - Oral Lichen Planus

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Tretinoin/Clobetasol Propionate Oral Rinse (ID 1961)	Tretinoin 0.1% Clobetasol Propionate 0.05%	Swish/Spit 1-2 tsp po BID	Mucoadhesive solution Also available in adhesive paste
Dexamethasone Sodium Phosphate Dental paste (ID 430)	Dexamethasone Sodium Phosphate 0.05%	Apply to the affected area BID – TID until healed	
Tretinoin /Clobetasol Propionate Oral Paste	Tretinoin 0.1% Clobetasol Propionate 0.05%	Apply to the affected area BID	ID 2659
Tacrolimus Suspension	Tacrolimus 0.5mg/mL		ID 1945
Tretinoin/Clobetasol Propionate Oral PolyOx Bandage	Tretinoin 0.1% Clobetasol Propionate 0.05%	Apply to affected area BID	Mucoadhesive powder

Dental - Temporomandibular Joint Disorder (TMJ)

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Ketoprofen/Cyclobenzaprine Topical Gel (2571)	Ketoprofen 10% Cyclobenzaprine 2%	Apply BID-QID PRN	Typically Dispensed as 15 grams or 30 grams



DERMATOLOGY

Dermatological Preparations - Acne

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Clindamycin 1%/ Niacinamide 2% Topical Foam	Clindamycin 1%/ Niacinamide 2%		Alternative to Evoclin Foam Niacinamide – Decreases sebum excretion rate
Clindamycin/ Tretinoin Topical	Clindamycin 1%/Tretinoin (either 0.025% or 0.05%) ID 2964 ID 3614	Apply to the affected area every OTHER night, may increase to QHS as tolerated.	Alternative to Veltin Price: Tret 0.025%: \$70/30gm, \$100/50gm Tret 0.05%: \$55/30gm, \$100/50gm
Clindamycin Benzoyl Peroxide	Clindamycin 1%/ Benzoyl Peroxide 3%	Apply to the affected area QHS	Various base options: Clarifying Cream (ID 4268) or Pracasil Plus Gel (ID 4266)
Tretinoin in Pracasil Plus Gel	Various Strengths Most common = 0.05% or 0.1% (ID 2155)	Apply to affected area daily as tolerated	Also for anti-aging or acne scars
Moss Advanced Acne Scar Gel (ID 2040)	Niacinamide 4%/ Glycolic Acid 2.5%/ Tretinoin 0.05%/ Ascorbic Acid 1%/ Lactic Acid 2.5% in Pracasil Scar Gel	Apply QD to affected areas as need for acne scars.	Treatment cycle ~3-4 months Price: 40gm = \$100
CBD	Full Spectrum Hemp Extract	Apply to AA QD	MIC for P. Acnes = 0.0032% 99.9% Kill rate OTC



Dermatology - Actinic Keratosis

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Fluorouracil 1.25% Lotion (ID 538)	Fluorouracil	Apply to AA QD for 2-3 weeks	40mL = \$80
Fluorouracil 0.5%/ Salicylic Acid 10% Topical Cream (ID 1440)	Fluorouracil 0.5%/ Salicylic Acid 10%	Apply to AA QD	Alternative to Carac
Fluorouracil 0.5%/ Diclofenac 3% Gel	Fluorouracil/ Diclofenac	Apply to AA QD	

Dermatology - Alopecia

Alopecia Areata

Name	SIG	Quantity	Notes
Minoxidil 7.5% + Naltrexone 0.5% in Atrevis Gel	Apply to affected area on scalp QHS	30gm	Naltrexone works best for auto-immune based alopecia Price: = \$75

Androgenic Alopecia

Name	SIG	Quantity	Notes
Minoxidil 5% + Finasteride 0.1% Topical Gel (W06/Perme8 gel)	Apply to scalp QHS	30gm or 60gm	Price: = \$70 for 30gm (180 day shelf life)
Minoxidil 10% + Finasteride 0.1% Topical Gel (Versabase)	Apply to scalp QHS	30gm or 60gm	Price: = \$85 for 30gm (Only 30 day shelf life)
Minoxidil 5%/ Progesterone 0.5%/ Vitamin E Acetate 10IU/mL Scalp Solution	Apply to the scalp QHS	60mL	Price = \$75 Progesterone range 0.1-0.25% for males or females. Females can use up to 1%.
Minoxidil 5% + Azelaic Acid 1.5%/Progesterone	Apply to scalp QHS	50mL	Progesterone provides 5-alpha reductase activity



0.25%/Finasteride 0.1% Topical Foam			Progesterone range 0.1-0.25% for males or females. Females can use up to 1%. Price: = \$100
Minoxidil 5%/ Finasteride 0.1% Topical Foam	Apply to scalp QHS	50 mL	Alcohol Free Price = \$95
Minoxidil 2%/ Progesterone 0.5% Foam	Apply to scalp QHS	50mL	Price = \$85
CBD Scalp Serum	Apply to scalp QHS		Price = \$40 (OTC)

Dermatology: Anesthetic (common options, numerous available)

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Laser Cream (ID 352)	lidocaine 5%, tetracaine 5%	Apply generous amount to skin 30-45 minutes prior to procedure	20 gram
BLT Cream or Ointment	Benzocaine Lidocaine Tetracaine (Various Strengths)	For office use only. Apply to skin prior to procedure.	Caution with covering large portions of the body & occlusion
Lidocaine/Tetracaine Cream (ID 3186) or Ointment (ID 1981)	23%/7%	For office use only.	



Dermatological Preparations: Antifungals – Topical/Podiatry

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Fluconazole, Ibuprofen, DMSO (ID 344)	fluconazole 1%, ibuprofen 2%	Apply to nail/cuticle BID for 3 - 6 months for nail fungus (topical solution)	Dispensed as 15mL Price = \$60
Fluconazole 5%/Terbinafine 1.67%/Ibuprofen 2% in DMSO	Fluconazole 5%, Terbinafine 1.67% Ibuprofen 2%	Apply to nail/cuticle QD for 3-6 months for nail fungus (topical solution)	\$70 for 15mL \$95 for 30mL ID: 3731
Voriconazole 1%/Ibuprofen 2% in DMSO	Voriconazole 1% Ibuprofen 2%	Apply to nail/cuticle BID for 3-6 months for nail fungus (topical solution)	\$85 for 15mL ID 3591
Thymol in Alcohol	thymol 4% in 95% alcohol	Apply QD-BID for 3 months (topical solution)	Dispensed as 30mL - \$59
Urea 40% Nail Gel (ID 2039)	Urea 40%	Apply QHS, occlude with bandage. Use 5-10 days until nail plate removed.	20mL - \$48 Nail removal for severe fungal infection
Clotrimazole-HC, Melaleuca (ID 354)	clotrimazole 1%, hydrocortisone 1%, melaleuca 2%	Apply to fungus or rash BID-QID for 2 weeks	Dispensed as 15(\$25), 30(\$42), or 60(\$75) grams

Dermatology : Antivirals

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Acyclovir/Lidocaine Lip Balm (ID 4094)	Acyclovir 5% Lidocaine 1%	Apply topically 4-6 times daily PRN	Cold sores/Fever Blisters
Acyclovir 5%/Lidocaine 2% Topical Cream (ID 1567)	Acyclovir 5%/ Lidocaine 2%	Apply to AA 5 x/day	Herpes Simplex Alternative to Acyclovir cream \$37/15gm \$60/30gm
Acyclovir 5%/ HC 2.5%/ Lidocaine 2% cream (ID 1313)	Acyclovir 5%/ Hydrocortisone 2.5%/ Lidocaine 2%	Apply to AA 5 x/day	Herpes Simplex Alternative to Xerese
Acyclovir 5% oral adhesive paste	Acyclovir 5%	Apply to AA up to 5 x/day	Herpes Simplex Alternative to Sitavig

*For Shingles pain relief gel, see GAL (or Gabapentin 5%/Lidocaine 2.5%) topical gel in [Neuropathic/Musculoskeletal pain section](#)



Dermatological Preparations - Eczema/Psoriasis/Atopic Dermatitis

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Moss Scaly Skin Cream (ID 877)	Proprietary blend of lipid replenishing & hydrating agents	Apply BID – TID PRN (eczema/psoriasis)	OTC or can be mixed with other Rx ingredients
Cyanocobalamin 0.07% Topical Cream (ID 1213)	Cyanocobalamin	Apply BID for excema/psoriasis	Can be mixed with Moss Scaly Skin Cream (Price = \$65/120gm) Various Strengths available (up to 1%)
Ketotifen 0.05%/Cyanocobalamin 0.07% in Xematop Cream	Ketotifen 0.05%/Cyanocobalamin 0.07%	Apply BID for Atopic Dermatitis	
Naltrexone 0.5% Topical Lotion (ID 2498)	Naltrexone 0.5%	Apply to AA QD – BID	Can increase up to 1%
Fluticasone 0.05%/Naltrexone 1% topical Lotion	Fluticasone 0.05%/Naltrexone 1%	Apply to AA BID	Alternative to Cutivate Lotion Eczema/AD
Fluocinolone 0.01%/Ketotifen 0.05% in Xematop Cream	Fluocinolone 0.01%/Ketotifen 0.05%	Apply to AA BID	Alternative to Derma-Smooth FS Atopic Derm
Betamethasone Dipropionate/Urea Shampoo (ID 658)	Betamethasone Dip 0.05%/ Urea 2.25%, Zinc Pyrithione, Selenium Sulfide	Wash scalp once daily for 1-2 weeks, then use once – twice weekly. Leave shampoo on scalp for 3-5 minutes, then rinse.	Scalp Psoriasis Can increase urea (5%) to help reduce thick plaque Price = \$40/4oz
Zinc Pyrithione 0.2%/Clobetasol 0.05%/Cyanocobalamin 0.07% Xematop Cream	Zinc Pyrithione 0.2%/Clobetasol 0.05%/Cyanocobalamin 0.07%	Apply to AA BID	Alternative to Olux Foam
LCD CMP Ointment	sulfur, salicylic acid, coal tar, castor oil	Apply QD – BID (psoriasis)	Dispensed as 60 grams
Coal Tar Ointment	coal tar (1-5%)	Apply to skin BID-QID (psoriasis)	Dispensed as 60 grams



Dermatological Preparations - Dry, Cracking Skin

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Aladerm Cream (ID 909)	Urea 20%	Apply BID – TID to dry, cracked skin	
Cocoa Butter/Aladerm (ID 1461)	Cocoa Butter, Urea 20% cream (1:1 Mix)	Apply BID – TID to dry, cracked skin	
Poloxamer Gel	Poloxamer 25%	Apply once daily.	Plurogel alternative
Moss Extra Cracked Skin Cream (ID 1444)	Hydrocortisone 1%, Dimethicone, Urea, Vitamin E, Almond Oil	Apply BID – TID to dry, cracked skin	Caution – Nut Allergy Price = \$40/50gm
Moss Extra Cracked Skin/Moss Scaly Skin Cream 1:1) ID 2746	Moss Extra Cracked Skin Cream + Scaly skin cream ingredients	Apply BID-TID to dry, cracked skin	Caution – Nut Allergy Price = \$40/60gm

Dermatological Preparations - Hirsutism

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Metformin 5%/ Progesterone 1%/ Azelaic Acid 1% topical cream (ID 1799)	Metformin 5%/ Progesterone 1%/ Azelaic Acid 1	Apply to affected area twice daily and rub in well prn excessive hair growth.	Qty: 30gm Price: \$50

Dermatological Preparations - Itching/Irritated Skin

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Camphor, Menthol, Phenol, TAC lotion (ID 519)	camphor 0.5%, menthol 0.25%, phenol 0.125%, triamcinolone 0.0125%	Apply to rash and itching skin BID-QID	Dispensed as 8oz or 16oz (Dr. Noah Kahn’s formula) Price= \$42/8oz \$62/16oz
Moss Stop-Itch Gel (ID 803)	hydrocortisone, pramoxine, menthol, camphor, benzyl alcohol	Apply TID – QID to affected areas	OTC for poison ivy, insect stings, sunburn Price = \$13/1oz



Dermatological Preparations - Lichen Sclerosus

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Clobetasol / Zinc Oxide/Pramoxine 1% (1:1:1) ointment (ID 2596)	Clobetasol 0.05% oint/ Zinc Oxide/ Pramoxine 1% cream (1:1:1)	Apply to AA BID PRN	30gm = \$40 60gm = \$70
Naltrexone 0.5% Vaginal Gel (ID 2929)	Naltrexone 0.5%	Apply to AA QD-BID PRN	

Dermatological Preparations - Malasma/Hyperpigmentation/Age Spots

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Skin Bleaching Cream (ID 402)	Desonide 0.05%, hydroquinone 4%, retinoic acid 0.1%	Apply QD	Dispensed as 50 grams Price = \$100
Hydroquinone Topical Cream	Various Strengths Available (1 – 8%)	Apply QD to Affected Area	

Dermatological Preparations - Pseudofolliculitis Barbae

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Moss Aftershave (ID 1229)	Allantoin, Benzocaine, Menthol	Apply to face/neck after shaving	Typically 60mL bottle

Dermatological Preparations - Radiation Burn

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Radiation Burn Cream	Ketoprofen, Lidocaine, Misoprostol, Gabapentin, Aloe Vera	Apply to Affected Area BID – QID	ID 995



Dermatological Preparations - Rosacea

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Ivermectin/Niacinamide Topical Cream (ID 1684)	Ivermectin 1%/ Niacinamide 4%	Apply a thin layer to the affected area QD	\$64/30gm Alternative to Soolantra
Niacinamide/Metronidazole Topical Cream	Niacinamide 4%/ Metronidazole 1%	Apply to the affected area BID until response achieved, then reduce to control outbreaks (QD – 3x/week if possible)	\$46/30gm \$60/60gm
Doxycycline 20mg capsule	Doxycycline	1 po QD	
Oxymetazoline Clarifying Cream ID 3799	Oxymetazoline 0.06% up to 1%	Apply to AA QD	Can increase strength up to 1% +/- Ketotifen 0.05% Alternative to Rhofade

Dermatological Preparations - Scars/Stretch Marks/Wrinkles

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Moss Scar Gel (ID 614)	pracaxi oil and silicones	Apply to affected area once daily	OTC Also great for anti-aging \$30/15gm
Moss Stretch Mark Gel ID 1535	Aloe Vera, pracaxi oil and silicones	Apply to affected area once daily	Can be mixed with other Rx ingredients \$40/15gm

*Note: Numerous other ingredient options for scarring depending on scar type.



Dermatological Preparations - Warts/Calluses/Molloscum

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Salicylic Acid in Urea Cream (ID 416)	salicylic acid 40%, urea 20%	Apply QHS to wart (or callus), cover, wash off in morning.	Dispensed as 15 or 30 grams Price: \$35/15gm or \$53/30gm
Cimetidine Wart Cream (ID 3734)	cimetidine 10%, Ibuprofen	Apply to wart QID for 2-4 weeks	Dispensed as 15 or 30 grams Price: \$65/30gm
Moss Molluscum Cream (ID 3319)	cimetidine 10%, EGCG 1% , tea tree oil	Apply to affected areas BID (typically for ~3-4 weeks)	Dispensed as 15 or 30 gm Price = \$65/30gm
Fluorouracil (5-FU)/Salicylic Acid in Aladerm cream (ID 3974)	Fluorouracil 2%/ Salicylic Acid 17% in Aladerm (Urea) cream	Apply to the affected area QHS	Price =
Fluoruracil (5-FU)/Salicylic Acid in Lipoderm (ID 1810)	Fluorouracil 1%/ Salicylic Acid 10%	Apply to the affected area QHS	Transdermal base
Fluoruracil (5-FU)/Salicylic Acid/Cimetidine in Lipoderm (ID 1548)	Fluorouracil 5%/ Cimetidine 5%/ Salicylic Acid 20%	Apply to the affected area QHS	Transdermal base

GERD/Indigestion Preps

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
GI Cocktail (ID 679)	Donnatal Elixir alternative (compound), Lidocaine Visc, Maalox (1:1:1)	1 Tablespoonful po q6h prn esophageal spasm	8oz or 16oz Shelf life = 14 days
GI Cocktail (Lido/Maalox) – ID2653)	Lidocaine Visc, Maalox (1:1)	1 Tablespoonful po q6h prn esophageal spasm	
Esomeprazole 2mg/mL Suspension	Esomeprazole	Varies QD – BID	Flavored for pleasant taste
Omeprazole 2mg/mL Suspension	Omeprazole	Varies QD – BID	Flavored for pleasant taste
Pantoprazole 2mg/mL Suspension	Pantoprazole	Varies QD – BID	Flavored for pleasant taste



Hormone Replacement Therapy - Bioidentical (BHRT) - FEMALE

**Note: May customize strengths of any hormone preparations. Dosing is based on each individual patient's symptoms, history, and clinical lab values. Recommendations and consults are available from our pharmacists. Need a referral form for a hormone consultation with our HRT Pharmacist, click [here](#).*

Hormone Options (note – this list includes hormone and dosage forms only. We can make a wide array of dosage options for each and can combine multiple into a single dosage form)

Estrogens:

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Bi-Estrogen (Estriol + Estradiol) Cream	Typical Ratios: 80:20 - estriol 80%/estradiol 20% or 50:50 - estriol 50%/estradiol 50%	Various Customized Options Most common doses: 0.5-1.25mg daily	Topical – recommended option for estrogen for safety Pricing – Typically \$35-40/ month supply
Bi-Estrogen (Estriol + Estradiol) Troche	Typical Ratios: 80:20 - estriol 80%/estradiol 20% or 50:50 - estriol 50%/estradiol 50%	Various Customized Options Most common doses: 0.5-1.25mg daily	Sublingual delivery – avoids first pass effect to help improve safety Pricing – Typically \$55+
Estriol Cream	Estriol Most common doses: 0.5, 1, 2 mg (per 0.5mL)	Vaginal: Initially QD x 1-2 weeks, then twice weekly (Typically 1mg dose) Topical: QD	Vaginal can be +/- Vitamin E Great Economical Alternative to Estrace/Premarin for vaginal dryness/atrophy (see flyer for pricing)
Estradiol Cream	Most common doses: 0.05, 0.1mg (per 0.5mL)	Vaginal: Initially QD x 1-2 weeks, then twice weekly (Typically 0.1mg dose)	Vaginal +/- Vitamin E Propylene Glycol free Pricing: Initial Month = \$60-65 Maint Months = \$36
Estradiol Vaginal Pearl Suppository (ID: 3985)	0.1mg	Vaginal: Initially QD x 1-2 weeks, then twice weekly	See Flyer for pricing and additional details \$36/#8, \$45/#18, \$90/#34



Progesterone:

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Progesterone	Time release (TR) caps: 25, 50, 75, 100, 125, 150, 175mg, 200mg Immediate release (IR) also available upon request	Based on patient symptoms & lab values Typically – 1 po QHS or cyclical on days 14-25 depending on patient	Induces drowsiness, TR version best for patients with night waking Pricing – Typically \$35-45/ month supply
Progesterone Topical Cream	Typical strengths 20 - 100mg/mL	Based on patient symptoms & lab values Typically dosed in 0.5mL amount QD-BID	Non-drowsy effect because no first pass effect causing Allopregnenolone production Pricing – Typically \$30-40/ month supply
Progesterone Vaginal Suppositories	25, 50, 100, 200, 400mg (Most common 100mg & 200mg)	1 PV QHS	Pricing
Progesterone Troche	Common Strengths 50, 100, 200mg	1 SL QHS	Pricing

DHEA:

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
DHEA capsules	Capsules 2.5mg – 7.5mg	Based on patient symptoms & lab values Typically 1 po QAM	Pre-cursor hormone to Testosterone
DHEA cream	Creams – various	Based on patient symptoms & lab values	
DHEA Vaginal Pearl Suppository (ID 3986)	5mg	Typically 1 PV QHS	Alternative to Intrarosa Pricing - \$45/#30 See Informational Flyer



Testosterone:

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Testosterone cream	Creams – various Most Common = 1% (10mg/mL)	Typically 0.5-1mg topically QAM	Dosing devices can deliver in metered amounts of 0.05mL or 0.25mL Pricing: 1% - 3mL = \$38 (30 days supply)
Testosterone Troches	Common doses = 1mg, 2mg, 4mg	SL QAM – BID	Scored to allow for splitting Gelatin based Numerous flavors See Flyer for Pricing/options
Testosterone Vaginal Pearl Suppository (ID 3987)	0.5mg	Typically 1 PV QHS	Pricing - \$40/#30 See Informational Flyer

**If seeking additional information and literature on hormone replacement therapy options, please feel free to contact one of our pharmacists.*

*****See Bio-Identical Hormone Therapy Section of Binder for additional information on therapy options***



Hormone Replacement Therapy - Bioidentical (BHRT) - MALE

**Note: May customize strengths of any hormone preparations. Dosing is based on each individual patient's symptoms, history, and clinical lab values. Recommendations and consults are available from our pharmacists.*

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Testosterone in Atrevis Hydrogel	Topical Gel: 20-150mg/gm (see notes for options/pricing)	1 gm topically QD <i>(Dispensed in pump device that delivers 0.5gm per pump)</i>	Concentrated & low volume to apply Water-based gel (Price Per 30gm: 20mg/gm = \$65 40mg/gm = \$70 50mg/gm = \$70 75mg/gm = \$90 80mg/gm = \$92 100mg/gm = \$120)

+/- Chrysin 100mg/gm (aromatase inhibitor effect

HOSPICE

Antiemetics

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Promethazine Topical Gel (ID 1338)	promethazine 12.5mg/0.1mL	Children>2: 12.5mg Q4-6hours Adults: 12.5mg - 25mg Q4-6 hours (same as PO or PR dosing)	*Dispensed as 10 doses (1mL)
ABHR Topical Gel	Lorazepam 1mg/ Diphenhydramine 12.5mg/ Haloperidol 2mg/ Metoclopramide 20mg per mL	Apply 1mL to wrist and/or neck Q8-12 hours prn	Provided in unit-dose pre-filled syringes. Also used for Anxiety
ABH Topical Gel	Lorazepam 1mg/ Diphenhydramine 25mg/ Haloperidol 1mg per mL	Apply 0.5-1mL to wrist and/or neck Q8-12 hours prn	Provided in unit-dose pre-filled syringes. Also used for Anxiety



NASAL

Sinusitis (Variety of capsule options in Xylifos™/LoxaSperses™ used in nasal nebulization or irrigation solution. See [order form](#) for options)

Otic

Otic-Pain

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Antipyrine/Benzocaine Otic Drops (ID 862)	Antipyrine Benzocaine	Instill 3-4 drops in the affected ear QID PRN ear pain	Auralgan alternative \$27/15mL

Otic - Vertigo/Meniere's Disease

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Betahistine Capsules	Betahistine (8 or 16mg)	8-16mg TID	

PAIN

Pain - Fibromyalgia

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Naltrexone	Capsules: Various low dose strengths (1 – 6mg)	1 po QHS (titration required – typically 1.5mg HS x 2 weeks, then 3mg HS x 2 weeks, then 4.5mg HS as tolerated)	Fibromyalgia MS, Chronic Inflammatory, etc. Price: Typically \$38-\$45/month supply

*For more info on Low Dose Naltrexone (LDN), click [here](#) and check out our recent [webinar](#)



Pain - Leg Cramps/Muscle Spasms

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Guaifenesin 10% Topical Gel	Guaifenesin 10%	Apply to affected area up to BID prn	+/- Magnesium
Quinine capsules	Quinine 260mg	1 po QD	

Pain – Rheumatoid Arthritis

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Low – Dose Naltrexone (LDN)	Suspension/Capsules: Various low dose strengths (1 – 6mg)	1 QD	RA, Lupus, Fibromyalgia Auto-immune, MS, Chronic Inflammatory, etc.



Pain - Neuropathic/Musculoskeletal (see included Rx Templates)

Commonly used preparations

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Gabapentin 5%/ Lidocaine 2.5% Gel	gabapentin (5%), lidocaine (2.5%)	Apply BID – QID PRN	Shingles Pain Price = \$45/30gm
GAL Gel	gabapentin (5%), amitriptyline (2%), lidocaine (2%)	Apply BID – QID, then PRN	Neuropathy or Shingles Pain \$49/30gm; \$80/60gm
ABIL Gel	amitriptyline (2%), baclofen (2%), ibuprofen (20%), lidocaine (2%)	Apply BID-QID	Neuropathy \$55/30gm; \$80/60gm
K GAL Gel	ketoprofen (10%), gabapentin (5%), amitriptyline (2%) lidocaine (2%),	Apply TID, then PRN	Neuropathy + Osteoarthritis
Goose Grease	gabapentin 5%, ketoprofen 10%, lidocaine 5%, +/- ketamine 2%	Apply TID, then PRN	Advanced Neuropathy/ Osteoarthritis Price = \$60/30gm
Ketoprofen 10% Gel	Ketoprofen 10%	Apply TID	Anti-inflammatory
Diclofenac 5%/ Baclofen 2%/ Bupivacaine 1% Gel	Diclofenac (5%), baclofen 2%, bupivacaine 1%	Apply BID – TID, then PRN	Osteoarthritis Price = \$51/30gm
Naltrexone	Capsules: Various low dose strengths (1 – 6mg)	1 QD	Fibromyalgia MS, Chronic Inflammatory, etc.

Other Typical Ingredients and Strengths for Transdermal Pain Compounds

- Amitriptyline 2% (Range: 1-2%)
- Baclofen 2% (Range 1-2%)
- Bupivacaine 1%
- Clonidine 0.2%
- Cyclobenzaprine 1%
- Diclofenac 5% (Range 2-10%) - TID dosing
- Gabapentin 5% (Range 2.5 – 10%)
- Ibuprofen 20% (Range 10-20%) - Q4-6hr
- Ibuprofen 20% (Range 10-20%) - Q4-6hr dosing
- Ketamine 2%
- Ketoprofen 10% (Range 10-20%) – TID dosing
- Lidocaine 2% (Range 1-5%)
- Meloxicam
- Piroxicam 2% (Range 1-2%) *
- Tetracaine 1%

*Note – Long acting effect, dosing would be reduced to QD if added with shorter acting NSAID (ie. Ibuprofen 20%)



Pediatric Preparations - For information on billing Medicaid, click [here](#)

Pediatric – Diaper Rash

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Moss Diaper Rash Ointment (ID 521)	sulfur, boric acid, vitamin E, hydrocortisone, lanolin, bacitracin, zinc oxide	Apply after each diaper change or 4-6 times a day	Dispensed as 30gm or 60gm Price = \$19/30gm or \$36/60gm
Davis Diaper Rash Ointment (ID 653)	nystatin, hydrocortisone, zinc oxide	Apply after each diaper change or 4-6 times a day	Rx
Dr. Whitehead Diaper Rash Ointment (ID 2211)	Cholestyramine, Sucralfate, Zinc Oxide, Aquaphor	Apply after each diaper change or 4-6 times a day	Rx
Dr. Minter Diaper Rash Ointment (ID 2808)	Cholestyramine/Nystatin/Sucralfate	Apply after each diaper change or 2-4 times a day	Rx Aquaphor base
Dr. Burch Diaper Rash Ointment (ID 545)	Ketoconazole, Desonide, Zinc Oxide	Apply to the affected area 2-3 times daily as needed	Rx

Pediatrics - Head Lice

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Aromatic Head Lice Oil (902)	oils of: eucalyptus, pennyroyal, rosemary, & olive	Extensive Instructions Provided to Patient	



Pediatric – Suspensions

We routinely compound a variety of compounded suspensions for the pediatric population. Here's a list of our more common preparations.

- Bethanechol suspension
- Clonidine suspension (various strengths)
- Clonazepam suspension
- Enalapril suspension
- Famotidine suspension
- Hydroxyurea suspension
- Lansoprazole 3mg/mL suspension
- Metoprolol suspension
- Metronidazole suspension
- Omeprazole 2mg/mL suspension
- Tacrolimus suspension
- Topiramate suspension
- Ursodiol suspension
- Vancomycin suspension
- Zonisamide suspension.....and many more!!!

*Numerous flavoring options available

***Note: We can prepare a variety of additional medications into liquid preparations with numerous flavoring options**

- **Great options for Autistic patients**
- **Great options for meds not available in liquid form**
- **Great options for bad tasting meds**
- **Great options for kids with allergies/sensitivities to inactive ingredients and dyes.**



Podiatry

Antifungals – Topical/Podiatry

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Fluconazole, Ibuprofen, DMSO (ID 344)	fluconazole 1%, ibuprofen 2%	Apply to nail/cuticle BID for 3 - 6 months for nail fungus (topical solution)	Dispensed as 15mL Price = \$60
Fluconazole 5%/Terbinafine 1.67%/Ibuprofen 2% in DMSO	Fluconazole 5%, Terbinafine 1.67% Ibuprofen 2%	Apply to nail/cuticle QD for 3-6 months for nail fungus (topical solution)	\$70 for 15mL \$95 for 30mL ID: 3731
Voriconazole 1%/Ibuprofen 2% in DMSO	Voriconazole 1% Ibuprofen 2%	Apply to nail/cuticle BID for 3-6 months for nail fungus (topical solution)	\$85 for 15mL ID 3591
Thymol in Alcohol (ID 699)	thymol 4% in 95% alcohol	Apply QD-BID for 3 months (topical solution)	Dispensed as 30mL - \$59
Urea 40% Nail Gel (ID 2039)	Urea 40%	Apply QHS, occlude with bandage. Use 5-10 days until nail plate removed.	20mL - \$48 Nail removal for severe fungal infection
Clotrimazole-HC, Melaleuca (ID 354)	clotrimazole 1%, hydrocortisone 1%, melaleuca 2%	Apply to fungus or rash BID-QID for 2 weeks	Dispensed as 15(\$25), 30(\$42), or 60(\$75) grams

Podiatry - Circulation Problems or Raynaud's Phenomenon

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Nifedipine Topical Gel (ID 1498)	Nifedipine 4% (up to 16%)	Apply to affected area twice daily	
Pentoxifylline Topical Gel (ID 3905)	Pentoxifylline 5%	Apply to affected area twice daily	+/- Nifedipine 2%



Podiatry-Heel Spurs

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Diclofenac/ Baclofen/ Bupivacaine Topical Gel	Diclofenac 5% Baclofen 2% Bupivacaine 1%	Apply to affected area up to BID – TID prn	ID 1318
Ibuprofen 20% Topical Gel (ID 1311)	Ibuprofen 20%	Apply to affected area up to BID – TID prn	Or Ketoprofen 10% Gel

Podiatry - Hyperhidrosis

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Glycopyrrolate 0.5% Topical Solution (ID 875)	Glycopyrrolate	Apply to affected area up to 3 times daily PRN Hyperhidrosis	Dispensed in a roll-on bottle or sponge applicator bottle (2oz or 4oz size)

Leg or Foot Cramps/Muscle Spasms

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Guaifenesin 10% Topical Gel	Guaifenesin 10%	Apply to affected area up to BID prn	+/- Magnesium
Ketoprofen/ Cyclobenzaprine Topical Gel	Ketoprofen 10% Cyclobenzaprine 2%	Apply BID-QID PRN foot cramps	Typically Dispensed as 30 or 60 grams

Podiatry - Plantar Fasciitis

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Ketoprofen 10%/ Cyclobenzaprine 2% Transdermal Gel	Ketoprofen 10% Cyclobenzaprine 2%	Apply to affected area up to BID - TID prn	



Rectal Preparations – Hemorrhoid/Proctitis Treatment

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Rectal Rocket Suppositories (ID 351)	hydrocortisone 2.5%, pramoxine 1%, lidocaine 2%	Insert 1 suppository PR QHS for 3 nights	Qty #3 Specially designed suppository shape Price = \$43/#3
HC/Pramoxine Suppository (ID 3100)	hydrocortisone 25mg/ Pramoxine 10mg	Insert 1 suppository PR BID	Price = \$48/#20
HC/Pramoxine Extra Strength Suppository	hydrocortisone 50mg/ Pramoxine 10mg	Insert 1 suppository PR BID	Price = \$52/#20
Hydrocortisone Mucolox[®] Suppositories	hydrocortisone 30mg	Insert 1 suppository PR BID	Typical Qty #20 Muco-adhesive base Price = \$75/#20
Hemorrhoidal Gel – (Rectal Rocket Gel) – ID 3425	hydrocortisone 2.5%, pramoxine 1%, lidocaine 2%	Apply to external hemorrhoids BID-TID	Muco-adhesive gel for external hemorrhoids Price = \$45/20gm
HC/Pramoxine Rectal Gel (ID 2997)	hydrocortisone 2.5%, pramoxine 1%	Apply to external hemorrhoids BID-TID	Muco-adhesive Comparable to Proctofoam Price = \$42/20gm
Hemorrhoidal ointment (ID 1511)	camphor, phenol, boric acid, zinc oxide	Use after a bowel movement & PRN	Dispensed as 30 grams #2 option to Rectal Rocket Gel



Rectal Preparations – Fissure Treatment

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Nitroglycerin and Lanolin Ointment (ID 507)	nitroglycerin 0.2%, lanolin q.s.	Apply pea-size amount rectally BID for rectal fissures	30 or 60 grams Price = \$44/30gm, \$72/60gm
Diltiazem 2% Rectal Ointment (ID 807)	Diltiazem 2%	Apply pea-size amount rectally BID for rectal fissure/spasms	30 or 60 gm Price = \$44/30gm, \$72/60gm *Tetracaine can be added (2-4%)
Nifedipine 0.2% Rectal Ointment (ID 883)	Nifedipine 0.2%	Apply pea-size amount rectally BID for rectal fissure/spasms	Price = \$51/30gm Note: also available in lower strengths (0.2%, 0.5%) *Lidocaine can be added (1-5%)

Rectal Preparations – Other

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Anti-Inflammatory misoprostol suppositories	misoprostol, hydrocortisone, lidocaine	Use BID (suppository or ointment)	Ointment form also available
Hydrocortisone Retention Enema	100mg hydrocortisone in 60mL	Use QHS for 21 days or until remission	Also available with muco- adhesive
Sucralfate Retention Enema	2gram sucralfate in 60mL	Use 60mL daily as retention enema	Wound healing
Prednisone suppositories	5, 10, 20mg available	Insert 1 PR QHS for 7 days for proctitis	
Diazepam Suppository	Various (typical 10mg)	Insert 1 supp PR QD for spasm	

Sexual Dysfunction - Female



Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Nitric Oxide Vaginal Serum	Nitric Oxide Vitamin C	Apply to clitoris and labia 5 minutes prior to intercourse	Available OTC Qty: increments of 2mL (5 doses) Fast onset! \$8 per dose
Dream Gel (for female use)	Theophylline 2.5%, arginine 6%, sildenafil 1%	Apply to clitoris and labia 15 – 60 minutes prior to intercourse	Qty: 15gm \$39
Scream Gel (for female use)	Theophylline 2.5%, arginine 6%, sildenafil 1%, Peppermint oil	Apply to clitoris and labia 15 – 60 minutes prior to intercourse	Qty: 15gm \$39
Yell Gel (female use)	arginine 2%/ naltrexone 0.7%/ Peppermint Oil	Apply to clitoris and labia 15 – 60 minutes prior to intercourse	Qty: 15gm **Flavored**
Yell Gel + Sildenafil 1% (female use)	arginine 2%/ naltrexone 0.7%/ Peppermint Oil 1 s Sildenafil 1%	Apply to clitoris and labia 30 – 60 minutes prior to intercourse	Qty: 15gm **Flavored**
Sildenafil 10mg/Testosterone 0.5mg Vaginal Pearl Suppository (ID3988)	Sildenafil 10mg/ Testosterone 0.5mg	Insert 1 suppository PV QHS	Price: \$60/#30

*See [flyer](#) for more info on female libido gels.

Thyroid Hormone Preparations

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Thyroid USP	Various	1 po QD on empty stomach	

***Note:** Various dosing options including the ability to have an immediate release (IR), sustained release (SR) or modified release (MR). Please contact our pharmacists for more information.



UROLOGY

Interstitial Cystitis

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
DMSO 50%/Lidocaine 1% Bladder Irrigation	Dimethyl Sulfoxide 50%/ Lidocaine HCl 1%	Irrigate bladder with 50mL once weekly for 6-8 weeks	50mL vials Options available containing corticosteroids

Urology - Peyronie’s Disease

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Verapamil 15% Transdermal Gel (ID 1094)	Verapamil	Apply twice daily	Qty: 60gm 30 day shelf life
Verapamil 10%/ Pentoxifylline 5% Transdermal Gel (ID 946)	Verapamil/ Pentoxifylline	Apply twice daily	Qty: 60gm

Sexual Dysfunction - Male

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Bi-Mix	papaverine, phentolamine	See Template for Standard SIG	Qty: 10mL
Tri-Mix	papaverine, phentolamine, prostaglandin	See Template for Standard SIG	Qty: 5mL
Quad-Mix	papaverine, phentolamine, prostaglandin, atropine	Please call for more info	Qty: 5mL
Sildenafil Troche (ID 2417)	Sildenafil 25mg	Dissolve troche in buccal cavity or under tongue PRN	Generic option of Viagra



			Scored for splitting Dose = ½ oral tab dose
Tadalafil Troche (ID 2411)	Tadalafil 2, 5, 10, or 20mg	Dissolve troche in buccal cavity or under tongue PRN	Generic option of Cialis Scored for splitting Dose = ½ oral tab dose
Sildenafil 25mg/Tadalafil 10mg Troche (ID 2288)		Dissolve troche in buccal cavity or under tongue PRN	Dose = ½ oral tab dose

*See [flyer](#) for additional information on troche dosage forms



Weight Loss

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Lipotropic B12 injection (ID 2463)	Methionine 25mg/ Inositol 50mg/ Choline Chloride 50mg/ Cyanocobalamin 1mg per mL	Inject 1mL SQ or IM once weekly	5mL vial size May increase to twice weekly if needed \$55/5mL vial
Semaglutide 0.25% (0.25mg/0.1mL) Nasal Spray (ID 4566)	Semaglutide 0.25mg per spray (=0.1mL)	Initial Titration: Use 1 spray (=0.1mL =0.25mg) in each nostril once daily for 4 days per week x 2 weeks, increase by 1 spray daily each week after as tolerated up to 2 sprays/nostril daily maximum. Maintenance Dosing: Use 2 sprays (=0.2mL =0.5mg) in each nostril once daily for 4 days per week. (=1mg daily dose)	8mL spray bottle \$249
Semaglutide 0.5% (0.5mg/0.1mL) Nasal Spray (ID 4594)	Semaglutide 0.5mg per spray (=0.1mL)	Recommended Maintenance Dosing: Use 2 sprays (=0.2mL =1mg) in each nostril once daily for 4 days per week. (=2mg daily dose)	8mL spray bottle \$299
Semaglutide 0.75% (0.5mg/0.1mL) Nasal Spray (ID 4595)	Semaglutide 0.75mg per spray (=0.1mL)	Recommended Maintenance Dosing: Use 2 sprays (=0.2mL =1.5mg) in each nostril once daily for 4 days per week. (=3mg daily dose)	8mL spray bottle \$349



Women’s Health

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Boric Acid Vaginal Capsule or Suppository	boric acid 600mg	QHS for 7-10 days OR two times a week for 2-4 weeks	Typical Qty #14 Bacterial Vaginosis
Relief Vaginal Cream (ID 595)	pramoxine 1%, hydrocortisone 2%, lidocaine 2%	Apply vaginally BID PRN	If no infection present
All Purpose Nipple Cream (ID 379)	nystatin, lidocaine, hydrocortisone	Apply to nipple BID-QID *Rinse off before nursing	Dispensed as 30 grams
Oxytocin Nasal Spray	oxytocin 200u/5mL	Inhale 1-2 sprays before nursing.	Qty: 5mL
Hyaluronic Acid Vaginal Cream (ID 3916)	5mg/Gm	5mg pv QOD X 2 weeks, then twice weekly	Moisturizer, aids in skin elasticity
Vitamin E Vaginal Cream (ID 3398)	200U/Gm	1gm pv QOD x 2 weeks, then twice weekly	*Caution with nut allergy, includes Almond Oil
Amitriptyline/Baclofen Vaginal Gel (ID 3394)	Amitriptyline 2%/ Baclofen 2%	Apply 0.5ml affected area up to 1-3 times daily	Option for Vulvodynia
Gabapentin Vaginal Gel (ID 2541)	Gabapentin 6%	Apply 0.5ml affected area up to 3 times daily	Option for Vulvodynia
Diazepam Vaginal Gel (ID 4044) or Suppository (ID 448)	Diazepam (Gel – 10mg/Gm) (Suppository – 5mg)	Use QHS x	Option for Vulvodynia or Pelvic Pain Or Vaginal Spasms
Vaginal Probiotics (Suprema Dophilus)		Take 1 capsule po QD OR Insert 1 capsule PV QHS	OTC



Women’s Health - Endometriosis Pain/Discomfort

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Naltrexone Vaginal	Naltrexone	Apply 1 applicatorful PV Q12-24hrs	ID 2929
	CBD	Apply 1 applicatorful PV QHS	Avail OTC

Vaginal - Antifungals (Non-albicans Candida Vulvovaginitis)

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Boric Acid 30%/EDTA vaginal gel (Ellage) ID 3396		2 grams PV QHS x 10-14 nights	\$52 for 28gm could be used in combo with Amphotericin B Link to flyer
Amphotericin B 50-suppository	Amphotericin B 50mg	1 PV QHS x 14 nights	\$90 for #14
Flucytosine 17% vaginal cream	Flucytosine 17%	Insert 6 grams PV HS x 14 nights	(\$850+ for regimen)

Wound Care

Treatment of Wounds Without Infection

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Phenytoin/Misoprostol Topical Gel	Phenytoin 5%/ Misoprostol 0.0024%	Typically: Applied 1-2 times daily	
Ketoprofen/Lidocaine/Misoprostol/Phenytoin/ Aloe Vera Topical Cream	Ketoprofen 2%/ Lidocaine 2%/ Misoprostol 0.0024%/Phenytoin 2%/ Aloe Vera 0.2%	Typically: Applied 1-2 times daily	



Treatment of Wounds With Infection

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Misoprostol/Phenytoin/ Metronidazole Topical Gel	Misoprostol 0.0024%/ Phenytoin 5%/ Metronidazole 2%	Typically: Applied 1-2 times daily	
Misoprostol/Phenytoin/ Gentamicin Topical Gel	Misoprostol 0.0024%/ Phenytoin 5%/ Gentamicin 0.2%	Typically: Applied 1-2 times daily	Other possible options: Ciprofloxacin, Mupirocin, Ketoconazole, Terbinafine, Nystatin, Tea Tree Oil

Treatment of Wounds With Pain

Name	Active Ingredient(s) & Strength	Dosing Recommendations	Notes
Morphine Sulfate Topical Gel	Morphine Sulfate 1mg/mL	Applied 1 -3 times daily	
Phenytoin/Naltrexone Topical Gel	Phenytoin 5%/ Naltrexone HCl 1%	Typically: Applied 1-2 times daily	

***Other ingredients are available to help increase blood flow as well. These can include nifedipine, verapamil, pentoxifylline, or lidocaine.**