

April 2019

# Compounded Options for Erectile Dysfunction – Tadalafil (Cialis) & Sildenafil Troches

We have a new troche delivery system that allows for a great tasting, fast acting dosage form for Tadalafil and Sildenafil treatments for erectile dysfunction. These options not only provide a quicker onset than tablet dosages but also allow for potentially lower dose (see attached research article) which helps reduce side effects and decrease cost per dose for the patient.

## **Benefits of Compounded Troche Dosage Forms for Erectile Dysfunction:**

- **Ease of use and faster onset** Troches dissolve in the mouth (sublingual, buccal, or under upper lip) for quicker onset..
- Lower dosage requirements troches can increase bioavailability over oral tablets.
- Customizable dosing options available
- **Great taste** our compounded troches are made with all natural ingredients and sweeteners and melt in your mouth like a piece of chocolate.
- Lower price tag a more affordable option for patients than tablets.

Top Recommended **COMPOUNDED formulations** are listed below:

Name	SIG	Notes	
Tadalafil 10mg Troche (Natatroche)	Dissolve troche in buccal cavity or under tongue as needed	<ul> <li>Typical starting dose = ½ oral tab dose</li> <li>Scored for easy splitting into ½ or ¼ dose if needed</li> <li>Also available in 2, 5 or 20mg dose if needed</li> <li>Price: \$20 each or #5 or more = \$16 each</li> </ul>	
Sildenafil 25mg Troche (Natatroche)	Dissolve troche in buccal cavity or under tongue as needed	<ul> <li>Typical starting dose = ½ oral tab dose</li> <li>Scored for easy splitting into ½ or ¼ dose if needed</li> <li>Price: #15 or more = \$3 each</li> </ul>	

Prescription templates are available upon request.

Please contact us at 843.665.0289 to request your copy today!



Int J Urol. 2004 Nov;11(11):989-92.

# Sublingual sildenafil in the treatment of erectile dysfunction: faster onset of action with less dose.

Deveci S<sup>1</sup>, Peşkircioğlu L, Aygün C, Tekin MI, Dirim A, Ozkardeş H.

## **Author information**

1

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#### **Abstract**

### **BACKGROUND:**

The aim of the present study was to show the efficacy and safety of sublingual sildenafil and to determine whether lower doses cause the same effect with a faster onset of action in this mode of application.

#### **METHODS:**

Forty consecutive patients with erectile dysfunction for more than three months were included in the study. The mean age was 55 years (range, 25-65). Serum glucose and testosterone levels, lipid profile and erectile function scores were obtained in all patients. Twenty patients received placebos and the other 20 patients received 20 mg sublingual sildenafil in a double blind randomized design.

### **RESULTS:**

The effect of sildenafil on erection was significantly higher than that of placebo. Sixty-five percent of patients (13/20) who received sublingual sildenafil achieved satisfying erections and coitus, whereas the rate was 15% in the placebo group (3/20). The mean onset of action with sublingual sildenafil was 15.5 min and lasted for an average of 40 min. Minimal headaches, sweating and flushing were noted as the side-effects.

#### **CONCLUSIONS:**

20 mg sublingual sildenafil is safe and effective in the treatment of erectile dysfunction. Sublingual administration has some advantages as it is not effected by food ingestion and quickly appears in the circulation. These advantages provide a faster onset of action with a lower dose when compared to oral sildenafil. Sublingual use of sildenafil may be more cost-effective and possibly provides a more predictable onset of action.

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June 2019

# Compounded Options for Erectile Dysfunction –

# Tadalafil (Cialis) Troches - Pricing Breakdown Info

We have a new troche delivery system that allows for a great tasting, fast acting dosage form for Tadalafil and Sildenafil treatments for erectile dysfunction. These options not only provide a quicker onset than tablet dosages but also allow for potentially lower dose (see attached research article) which helps reduce side effects and decrease cost per dose for the patient.

We have received numerous questions about the ability to split the troches and the overall cost per dose. Below is a breakdown of the price breaks for patients based on the various strengths available for Tadalafil.

NOTE: The typical starting dose for troche dosage form is ½ oral dose of tablet forms.

Strength	Troche Splitting Options				
	¼ Troche	½ Troche	Full Troche		
		5mg dose			
Tadalafil	2.5mg dose	\$8/dose	10mg dose		
10mg Troche (Natatroche)	\$4/dose	(Compare to 10mg tablet cost of \$13.33/dose)	\$16/dose		
	5mg dose	10mg dose			
Tadalafil	\$5/dose	\$10/dose	20mg dose		
20mg Troche (Natatroche)	(Compare to 10mg tablet cost of	(Compare to 20mg tablet cost of	\$20/dose		
	\$13.33/dose)	\$13.33/dose)			

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