



August 2019

## Compounded Therapy Options for SHINGLES PAIN & POSTHERPETIC NEURALGIA

We regularly receive calls inquiring about any topical options that we can prepare for pain related to shingles rash (Herpes Zoster). This rash can occur on various areas of the body and is quite painful. Typical drug therapy for pain management is either non-effective or causes undesirable side effects (most notably drowsiness and/or anti-cholinergic effects). At Moss Compounding Pharmacy we can compound a variety of topical treatment options that can provide pain relief while minimizing side effects.

Some **commonly requested COMPOUNDED formulations** are listed below:

<b>Name</b>	<b>SIG</b>	<b>Quantity</b>	<b>Notes</b>
<b>Gabapentin 5%/ Lidocaine 2.5% Transdermal Gel</b>	Apply to the affected area BID-TID PRN.	30gm – 60gm	Avoid applying on eyelids or close to eyes. <b>#1 initial option</b> <b>Price = \$45 per 30gm</b>
<b>Gabapentin 5%/ Amitriptyline 2%/ Lidocaine 2% Transdermal Gel (aka. GAL Gel)</b>	Apply to the affected area BID-TID PRN.	30gm – 60gm	Avoid applying on eyelids or close to eyes. Concentrations of ingredients can be adjusted as needed. Option if enhanced nerve pain control needed. <b>Price = \$49 per 30gm</b>
<b>Deoxy-D-Glucose 0.2%/ Gabapentin 5%/ Amitriptyline 2%/ Tetracaine 1% Transdermal Gel</b>	Apply to the affected area BID-TID PRN.	30gm – 60gm	Anti-viral + stronger pain control option <b>Price = \$65 per 30gm</b>

**Additional ingredients that can be used in compounded treatment combinations include:**

- Ketamine
- Acyclovir
- Ketoprofen

***Prescription templates are available upon request. Please contact us if needing assistance with ordering any of these preparations for your patients.***